

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Five to Thrive</p> <p>The ethos of Five to Thrive is woven throughout all of our delivery, in particular Little Learners and our Thrive Crèches delivered alongside our courses</p>  <hr/>  <p>Mum2Mum groups provide peer support from trained volunteers with experience of breastfeeding in relaxed, welcoming environments across the county.</p>	<p>Child Health Clinic Canberra Children's Centre 9.15 am – 12.00 pm</p> <p>Warminster Hospital 9.30 am – 11.00 am</p> <p>Trowbridge Library 10.00 am – 12.00 pm</p> <p>Bradford-on-Avon Library 12.30 pm – 2.30 pm</p> <hr/> <p>Little Learners Queensway Hall, Melksham 1.00 pm – 2.30 pm Term time only</p> <p>Learning for children 0-5 through positive play. Sessions regularly include: healthy eating, careers advice, staying safe.</p>	<p>Little Learners Studley Green Community Centre, Trowbridge. 10.00 am – 11.30 am</p> <p>Learning for children 0-5 through positive play. Sessions regularly include: healthy eating, careers advice, staying safe.</p> <hr/> <p>Mum2Mum Breastfeeding Group Studley Green Children's Centre 10.30 am – 12.00 pm</p> <hr/> <p>Child Health Clinic Studley Green Children's Centre 1.30 pm – 3.30 pm</p>	<p>Mum2Mum Breastfeeding Group Canberra Children's Centre 10.30 am – 12.00 pm</p> <p>North Row Baptist Church, Warminster 10.30 am – 12.00 pm</p> <p>West End Baptist Church, Westbury 1.00 pm – 2.30 pm</p> <hr/> <p>Child Health Clinic Paxcroft Community Centre, Trowbridge. 12.30 pm – 2.30 pm</p> <p>The Garrison Community Centre, Warminster 1.30 pm – 3.00 pm last Thursday of the month</p> <p>West End Baptist Church, Westbury 1.00 pm – 3.00 pm</p> <hr/> <p>Little Learners Longfield Community Centre, Weavers Drive, Trowbridge 10.00 am – 11.30 am Term time only Learning for children 0-5 through positive play. Sessions regularly include: healthy eating, careers advice, staying safe.</p>	<p>Little Learners Leigh Park Community Centre, Westbury 10.00 am – 11.30 am Term time only.</p> <p>Learning for children 0-5 through positive play. Sessions regularly include: healthy eating, careers advice, staying safe.</p> <hr/> <p>Sensory Room Book 30 minute slots at all of our children centres. Call 01225 719 753 to book.</p> <hr/>  <p>Find us on Facebook : search West Wiltshire Children's Centres</p> <hr/> <p>Collect Healthy Start vitamins from any of our children's centres. Ask a staff member for details</p>
<p>Little Learners is often busy. Occasionally we have to operate on a first come first served basis to ensure we adhere to venue maximum capacity. If you find yourself unable to stay due to capacity, but feel that you need one to one support from a staff member, please let the early years workers on site know by requesting a quiet word, and they will be able to help you access the help you need. You can also seek support by phoning 01225 705225.</p>				

<p style="text-align: center;">Bookstart</p> <p>Sharing books, stories and rhymes with your child from an early age can help create a lifelong reader. Bookstart is here to guide you on your child's reading journey from 0-5 years. Please phone our central line for more information about this 4 week course.</p> <hr/> <p style="text-align: center;">Freedom</p> <p>A 10 week programme for mothers who have experienced, domestic abuse. It aims to empower you, build confidence and help you learn to recognise the signs of abuse. Please call for dates and to book your space. Free childcare available. Please phone our central line for more information.</p> <hr/> <p style="text-align: center;">ABC Cook! (Any Body Can Cook)</p> <p>A 4 week course to help your child cook their tea and enjoy eating it together. Simple, cheap, nutritious recipes and fun food activities! Call to book a space.</p>	<p style="text-align: center;">You and Me, Mum</p> <p>A 10 week course covering:</p> <ul style="list-style-type: none"> • The effects of domestic abuse on women as mothers and on children and young people • Effective communication skills with children and young people • Healthy and non-violent relationships • Protective behaviours and strategies for keeping mothers, children and young people safe. <p>Free childcare available. Please phone our central line for more information.</p> <hr/> <p style="text-align: center;">Better2Gether Funding</p>  <p>You may be entitled to claim up to 15 hours of free childcare for your two year old. Please contact us for information or to apply for funding.</p> <hr/> <p style="text-align: center;">Baby Steps</p> <p>A perinatal programme covering the weeks just before and after having your baby (by referral only).</p>	<p style="text-align: center;">Canberra Children's Centre 56 Spa Road, Melksham SN12 7NY</p> <p style="text-align: center;">Studley Green Children's Centre Westfield Road, Trowbridge, BA14 9JQ</p> <p style="text-align: center;">White Horse Children's Centre Eden Vale Rd, Westbury BA13 3NY</p> <p style="text-align: center;">Paxcroft Community Centre 17 Hackett Place, Trowbridge, BA14 7GW</p> <p style="text-align: center;">Bradford-on-Avon Library Bridge Street, B-O-A, BA15 1BY</p> <p style="text-align: center;">Leigh Park Community Centre Leigh Park Way, Westbury BA13 3FN</p> <p style="text-align: center;">Studley Green Community Centre Lambrok Rd, Trowbridge, BA14 9HA</p> <p style="text-align: center;">Forest Community Centre Bowmans Court, Melksham, SN12 7FF</p> <p style="text-align: center;">The Baptist Church North Row, Warminster, BA12 9AD</p> <p style="text-align: center;">Longfield Community Centre Weavers Drive, Trowbridge, BA14 7DZ</p> <p style="text-align: center;">Queensway Chapel Hall Queensway, Melksham SN12 7LE</p> <p style="text-align: center;">West End Baptist Church, Westbury BA13 3JG</p>	<p style="text-align: center;">Healthy Start Vitamins</p> <p>You can collect your Healthy Start vitamins from any of our children's centres. To find out more about Healthy Start vouchers and whether you are eligible, ask a staff member for more details.</p> <hr/> <p style="text-align: center;">Being a Parent – Empowering Parents, Empowering Communities</p> <p>This relaxed 8 week course helps parents learn practical communication skills for everyday life to bring up confident, happy and co-operative children. Please call for more information.</p> <hr/> <p style="text-align: center;">New Parent, New Baby</p> <p>Meet other parents with babies and share activity ideas. Sessions run weekly in Trowbridge, Westbury, Melksham and Warminster. For more info please call Ruth on 07901 332829.</p>	<p style="text-align: center;">Family Learning</p> <p>Develop new skills to gain employment. Learn in a relaxed and informal setting. Work toward a national qualification or help your child with their homework. Free childcare available. Please phone our central line for more information.</p> <hr/> <p style="text-align: center;">Oral Health</p> <p>An oral health specialist will be visiting some of our groups to help teach parents and children about the importance of good oral health. Please call to find out more.</p> <hr/> <p style="text-align: center;">Family Support Service</p> <p>One to one support when you need it most for a range of issues which can affect family life (parenting, debt, mental health issues, housing etc.)</p> <p>Appointments can be in your own home, or at the centre. Call us for a confidential chat.</p>
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