

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mum2Mum breastfeeding group</p> <p>Marlborough library 9.30 am – 11.00 am</p> <hr/> <p>Child health clinic</p> <p>Marlborough library 9.30 am – 11.00 am</p> <hr/>  <p>Find us on Facebook : search East Wiltshire Children's Centres</p>	<p>Little Learners</p> <p>Marlborough scout hut SN8 4BX, 9.30 am – 11.00 am Term time only</p> <p>Learning for children through positive play. Sessions regularly include: healthy eating, careers advice, staying safe.</p> <hr/> <p>Five to Thrive</p> <p>The ethos of Five to Thrive is woven throughout all of our delivery, in particular Little Learners and our Thrive Crèches delivered alongside Freedom and Incredible Years</p> 	<p>Child health clinic</p> <p>Windmill Hill Children's Centre 9.30 am – 11.30 am</p> <p>Devizes Children's Centre 9.30 am – 11.30 am</p> <hr/> <p>Little Learners</p> <p>St James Parish Rooms, Victoria Road, Devizes 10.00 am – 11.30 am</p> <p>Learning for children through positive play. Sessions regularly include: healthy eating, careers advice, staying safe.</p> <hr/> <p>Sensory room</p> <p>Book 30 minute slots at one of our Children's Centres.</p>	<p>Mum2Mum breastfeeding group</p> <p>Windmill Hill Children's Centre 10.00 am – 11.30 am</p> <hr/>  <p>Mum2Mum groups provide peer support from trained volunteers with experience of breastfeeding their own children in relaxed, welcoming environments across the county.</p>	<p>Mum2Mum breastfeeding group</p> <p>Devizes Children's Centre 10.00 am – 11.30 am</p> <hr/> <p>Little Learners</p> <p>Windmill Hill Children's Centre 9.30 am – 11.00 am Term time only</p> <p>Learning for children through positive play. Sessions regularly include: healthy eating, careers advice, staying safe.</p> <hr/> <p>Collect your Healthy Start vitamins from any of our children's centres. Ask a staff member for details.</p>

Little Learners is often busy. Occasionally we have to operate on a first come first served basis to ensure we adhere to venue maximum capacity. If you find yourself unable to stay due to capacity, but feel that you need one to one support from a staff member, please let the early years workers on site know by requesting a quiet word, and they will be able to help you access the help you need. You can also seek support by phoning 01380 739835.

Family support service	Baby Steps		Freedom	You and me, mum
<p>One to one support when you need it most for a range of issues which can affect family life (parenting, debt, mental health issues, housing etc.)</p> <p>Appointments can be in your own home, or at the centre. Call us for a confidential chat.</p> <hr/> <p>Better2Gether Funding</p>  <p>You may be entitled to claim up to 15 hours of free childcare for your two year old. Please contact us for information or to apply for funding.</p> <hr/> <p>New parent, new baby</p> <p>Meet other parents with babies and share activity ideas. Sessions run weekly in Devizes and Tidworth. For more info please call Ruth on 07855276434.</p>	<p>A perinatal programme covering the weeks just before and after having your baby (by referral only).</p> <hr/> <p>Family Learning</p> <p>Develop new skills to gain employment. Learn in a relaxed and informal setting. Work toward a national qualification or help your child with their homework. Free childcare available. Please phone our central line for more information.</p> <hr/> <p>HEY! (Healthy eating for young children)</p> <p>Find out all about healthy eating and how important it is for your child. Gain a Level 1 qualification. Call to book a space Free childcare available.</p> <hr/> <p>Wiltshire Health Trainer</p> <p>One to one sessions. Friendly support to improve your health and make lifestyle changes.</p>	<p>Devizes Children's Centre Southbroom Infants School, The Green, Devizes SN10 5AA Tel: 01380 739835</p> <p>Windmill Hill Children's Centre Wylve Road, Tidworth, SP9 7QR</p> <p>Marlborough Library 91 High Street, Marlborough, SN8 1HD</p> <p>Marlborough Scout Hut George Lane, Marlborough, SN8 4BX</p> <p>St James Parish Rooms Victoria Road, Devizes, SN10 1HA</p>	<p>A ten week programme for mothers who are experiencing, or who have experienced, domestic abuse. It aims to empower you, build confidence and help you learn to recognise the signs of abuse. Please call for dates and to book your space. Free childcare available.</p> <hr/> <p>Careers advice</p> <p>Meet one to one with a careers advisor for advice regarding CVs, getting back to work or a change of career. Appointments available each month at Devizes and Windmill Hill Children's Centres. Call to book.</p> <hr/> <p>Being a Parent - Empowering Parents, Empowering Communities</p> <p>This relaxed eight week course helps parents learn practical communication skills for everyday life to bring up confident, happy and co-operative children. Please call for more information.</p>	<p>A ten week course covering:</p> <ul style="list-style-type: none"> • The effects of domestic abuse on women as mothers and on children and young people • Effective communication skills with children and young people <ul style="list-style-type: none"> • Healthy and non-violent relationships • Protective behaviours and strategies for keeping mothers, children and young people safe. <hr/> <p>Incredible Years Parenting</p> <p>Become the best parent you can! A 12 week programme focusing on positive parenting strategies. Free Childcare Available Please phone our central line for more information.</p> <hr/> <p>Healthy Start vitamins</p> <p>You can collect your Healthy Start vitamins from any of our children's centres. To find out more about Healthy Start vouchers and whether you are eligible, as a staff member for more details.</p>