



Elmbridge Family Centres

Spring/Summer 2024 - What's On

For further information or to book a place, please contact us

Tel: 01932 229103

Email: elmbridge@spurgeons.org

Weekly Parent & Baby Play Group (Term-time only)

Dates: Every Monday morning

Times: 9.30am to 10.30am

Venue: Walton Family Centre, Sandy Lane, Walton-on-Thames, Surrey, KT12 2EQ

Info: Weekly themes on play, sensory, rhymes and much more

New Parent Group (referral from health visitors or midwife only)

Dates: Monday 15th January to 5th March 2024 (8 weeks)

Times: 12.45pm to 2.15pm

Venue: Walton Family Centre, Sandy Lane, Walton-on-Thames, Surrey, KT12 2EQ

Info: For babies up to 6 months old, includes first aid, safety in the home, introducing solids, play and brain development, and becoming a parent.

Keeping Your Child in Mind (For parents in conflict)

Dates: Friday 19th April to 10th May 2024 (4 weeks)

Times: 10.00am to 12.00pm

Venue: Walton Family Centre, Sandy Lane, Walton-on-Thames, Surrey, KT12 2EQ

*****NEW*** Supporting Pre-teens & Teens in Senior schools (12 weeks)**

Dates: April TBC

Info: For children aged 11-13yrs resident in Elmbridge, covering many areas to support them to navigate the journey of growing up including personal safety, Internet safety, keeping healthy, mental health, and healthy relationships

Freedom Programme

Dates: Contact us for dates

**We also have other Parenting courses available
please contact us for further details**