

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Little Learners Wilton Community Centre 10.00 am – 11.30 am</p> <p>Learning for children 0-5 through positive play. Sessions regularly include: healthy eating, careers advice, staying safe.</p> <p>-----</p> <p>Mum2Mum breastfeeding group Downton Baptist Church 11.00 am – 12.30 pm</p> <p>Little Folly Children's Centre 1.00 pm – 2.30 pm</p> <p>-----</p> <p>Child health clinic Downton Baptist Church 11.00 am – 12.30 pm 2nd and 4th Monday of the month</p> <p>-----</p> <p>Collect your Healthy Start vitamins from any of our children's centres. Ask a staff member for details.</p>	<p>Mum2Mum Breastfeeding Group Bulford Children's Centre 10.00 am – 11.30 am</p> <p>-----</p> <p>Little Learners Little Folly Children's Centre 1.00 pm – 2.30 pm</p> <p>Friary Community Centre 10.00 am – 11.30 am</p> <p>Learning for children 0-5 through positive play. Sessions regularly include: healthy eating, careers advice, staying safe.</p> <p>-----</p> <p>Child health clinic Nadder Centre, Tisbury 10.00 am – 12.00 pm 1st Tuesday of the month</p> <p>Old Sarum Community Centre 1.00 pm – 2.30 pm 2nd and 4th Tuesday of the month</p> <p>Bulford Children's centre 1.30 pm – 3.00 pm 2nd and 4th Tuesday of the month</p>	<p>Little Learners Bulford Children's Centre 10.00am – 11.30am</p> <p>Mere Children's Centre 10.00 am – 11.30 am Term time only</p> <p>Learning for children 0-5 through positive play. Sessions regularly include: healthy eating, careers advice, staying safe.</p> <p>-----</p> <p>Mum2Mum breastfeeding group Salisbury Methodist Church 1.00 pm – 2.30 pm</p> <p>-----</p> <p>Child health clinic Salisbury Methodist Church 1.00 pm – 2.30 pm</p> <p>-----</p> <p>Find us on Facebook: South Wiltshire Children's Centres</p> 	<p>Child health clinic Little Folly Children's Centre 9.30 am – 11.00 am</p> <p>Wilton Community Centre 2nd and 4th Thurs of the month 10.30 am – 11.45 am</p> <p>-----</p> <p>Little Learners Nadder Centre, Tisbury 9.30 am – 11.00 am</p> <p>Redworth Centre, Amesbury 10.00 am – 11.30 am Term time only</p> <p>Learning for children 0-5 through positive play. Sessions regularly include: healthy eating, careers advice, staying safe.</p> <p>-----</p> <p>Mum2Mum breastfeeding group Nadder Centre, Tisbury 11.00 am – 12.30 am</p> <p>Wilton Community Centre 11.15 am – 12.45 pm</p>	<p>Little Learners Old Sarum Community Centre 10.00 am – 11.30 am Term time only</p> <p>Learning for children 0-5 through positive play. Sessions regularly include: healthy eating, careers advice, staying safe.</p> <p>-----</p> <p>Child health clinic Mere Children's Centre 11.00am - 12.30pm 3rd Wed of the month</p> <p>-----</p> <p>Five to Thrive The ethos of Five to Thrive is woven throughout all of our delivery, in particular Little Learners and our Thrive Crèches delivered alongside Freedom and Incredible Years.</p> 

Little Learners is often busy. Occasionally we have to operate on a first come first served basis to ensure we adhere to venue maximum capacity. If you find yourself unable to stay due to capacity, but feel that you need one to one support from a staff member, please let the early years workers on site know by requesting a quiet word, and they will be able to help you access the help you need. You can also seek support by phoning 01722 414301.

<p>Incredible Years Parenting</p> <p>Become the best parent you can! A 12 week programme focusing on positive parenting strategies. Free childcare available. Please phone our central line for more information.</p> <p>-----</p> <p>Better2Gether Funding</p>  <p>You may be entitled to claim up to 15 hours of free childcare for your two year old. Please contact us for information or to apply for funding.</p>	<p>Family support service</p> <p>One to one support when you need it most for a range of issues which can affect family life (parenting, debt, mental health issues, housing etc.). Appointments can either be in your own home or at the centre. Call us for a confidential chat.</p> <p>-----</p> <p>HEY! (Healthy Eating for Young Children)</p> <p>Find out all about healthy eating and how important it is for your child. Gain a Level 1 qualification. Call to book a space. Free childcare available.</p> <p>-----</p> <p>Wiltshire health trainer</p> <p>One to one sessions. Friendly support to improve your health and make positive lifestyle changes. Call for us an appointment.</p>	<p>Little Folly Children's Centre 73a Pinewood Way, SP2 9HX 01722 414301</p> <p>Bulford Children's Centre Hubert Hamilton Road, SP4 9JY</p> <p>Mere Children's Centre Springfield Rd, Mere, BA12 6EW</p> <p>Tisbury Children's Centre Weaveland Road, Tisbury, SP3 6HJ</p> <p>Downton Baptist Church Hall South Lane, SP5 3NA</p> <p>Friary Community Centre 112 Carmelite Way, SP1 2HW</p> <p>The Redworth Centre Antrobus Road, Amesbury, SP4 7ND</p> <p>Old Sarum Community Centre Partridge Way, SP4 6PX</p> <p>Salisbury Methodist Church St Edmunds Church Street, SP1 1EF</p> <p>Amesbury Baptist Church Butterfield Drive, Amesbury, SP4 7SN</p> <p>Wilton Community Centre West Street, Wilton, SP2 0DG</p>	<p>You and me, mum</p> <p>A ten week course covering:</p> <ul style="list-style-type: none"> • The effects of domestic abuse on women as mothers and on children and young people • Effective communication skills with children and young people • Healthy and non-violent relationships • Protective behaviours and strategies for keeping mothers, children and young people safe. <p>Free childcare available. Please phone our central line for more information.</p> <p>-----</p> <p>Being a Parent – Empowering Parents, Empowering Communities</p> <p>This relaxed eight week course helps parents learn practical communication skills for everyday life to bring up confident, happy and co-operative children. Please call for more information.</p>	<p>Freedom</p> <p>A ten week programme for mothers who are experiencing, or who have experienced, domestic abuse. It aims to empower you, build confidence and help you learn to recognise the signs of abuse. Please call for dates and to book your space. Free childcare available. Please phone our central line for more information.</p> <p>-----</p> <p>Careers advice</p> <p>Meet one to one with a careers advisor for advice on CVs, getting back to work or a change of career.</p> <p>-----</p>  <p>Mum2Mum groups provide peer support from trained volunteers with experience of breastfeeding their own children in relaxed, welcoming environments across the county.</p>
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